



RF Exposure and You

■ by Ed Hare, W1RFI.

Answers to all your questions about meeting the FCC RF exposure regulations. It's not complicated! Simple step-by-step ARRL worksheets help you determine if your station complies with the new rules, and if not, how to correct it. Includes tables needed for almost any station.

Understand the rules and basic electromagnetic theory through plain-English explanations. The complete text of the new regulations are included. Learn how to operate your station safely and legally. Every active ham should have this book!

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